



Toileting and Intimate Care Policy

Toileting

Promoting Independence and Privacy

- We actively encourage and support children to develop independence in toileting and personal care, in line with their stage of development.
 - A member of staff is available to assist children as required, offering gentle encouragement, verbal guidance, and support when needed.
 - Children are supported and encouraged to wash their hands after toileting, with staff assisting as appropriate to ensure good hygiene practices are followed.
 - Toilet cubicles are fitted with doors to promote privacy. Children are encouraged to use them independently, but staff can access the cubicles if necessary for the child's safety or wellbeing.
 - If a child prefers to use a potty, this is placed inside a toilet cubicle to maintain privacy and hygiene.
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Working in Partnership with Parents

- We work closely with parents and carers to agree on the right time for their child to begin toilet training.
 - We welcome open conversations about any concerns or specific needs a child may have and offer support and reassurance throughout the toileting journey.
 - Parents are asked to supply nappies, wipes, nappy sacks, and a change of clothes for their child each day.
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Nappy Changing and Intimate Care

- Nappy changing takes place in a designated area, located away from the main entrance. The area is open and visible to ensure safeguarding while maintaining the child's dignity.
 - Staff wear disposable aprons and gloves during all nappy changes to prevent cross-contamination and to maintain high hygiene standards.
 - Soiled nappies are bagged and disposed of in the preschool's allocated nappy bin.
 - Wet or soiled clothing is placed in a nappy sack and returned home with the child.
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Hygiene and Safety

- Staff and children are expected to follow high standards of hygiene at all times.

- Children are supported in handwashing and encouraged to develop strong hygiene routines before and after toileting.
 - Staff monitor and adjust the water temperature if needed to ensure it is safe and comfortable for children.
 - All changing surfaces are cleaned and disinfected after each use.
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Record Keeping

- A daily record is kept for all children who are in nappies or who may require prompting or support with toileting.
- All intimate care provided is carried out with the utmost respect and sensitivity. Staff ensure that children feel safe, respected, and supported at all times.

Reducing the Risk to School Staff in terms of Misinterpretation and False Allegations of Abuse

- The school provides appropriate changing facilities.
- Children should be dealt with in a caring and sensitive manner.
- Wherever possible children should be encouraged to change themselves with staff providing the minimum level of assistance and intervention, compatible with the child's needs.
- During the delivery of intimate care, should the member of staff have cause for concern regarding possible child abuse, the recognised child protection procedures should be followed.
- Staff are reminded that they must not carry mobile phones or any other devices when undertaking toileting / intimate procedures.

Infection Control

- Effective hand washing by staff and pupils is promoted by the school.
- Latex gloves and plastic aprons should be worn by any member of staff when in contact with bodily fluids.
- Any soiled clothing should be double bagged and returned to parents/carers for laundering

This policy will be reviewed annually or in response to any changes in legislation, guidance, or preschool practice.

Reviewed 17/8/2026 Sarah Fielding